

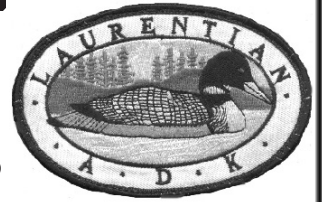


# North Wind

The Laurentian Chapter of the Adirondack Mountain Club

St. Lawrence & Ottawa River Valley Region

April - June 2016



## Solarize

Perhaps you've seen the signs in and around Canton, and wondered what "Solarize Canton" was all about. A cloudy, cold winter day is not the best time to be inspired by prospects of solar energy, but the meeting held in Canton in mid-January was intent on doing just that. The focus of the meeting was recent New York State legislation to foster "community net-metering" - which could open a new avenue for homeowners, businesses, and other organizations to support solar energy installations.

This is a step beyond the current "Solarize Canton" project that was aimed at getting roof-top panels on homes. The result of that project, to date, is 26 installations in the Village of Canton, and 10 more outside. The bundling of these small-scale units made it easier to get good prices and to ensure quality work. The project was never limited to Canton, but was led by the Canton Sustainability Committee. Carol Gable, chair of that committee, is gratified by the results, enough so to look toward what can come next.

That next step could be the opportunity to construct bigger solar farms that would be shared by many "off-takers" - people who contract to purchase the solar power from the project. This makes solar energy available to those who don't want roof-top arrays, or who can't for issues such as shaded roofs, limited roof area, or because they are renters - among other reasons. The solar panels could be located far from the participants. This is all still very new to New York, and Canton hopes to be setting a model for future developments of this kind. Keep an eye on how this effort is progressing, or better yet, contact them to join in the program. If you want to know more about "community net-metering" you can go to: [www.solarizecanton.com](http://www.solarizecanton.com); or see the online article "Inside New York's aggressive new community shared renewables program."

David Trithart

**SURVEY** - please see the notice on the back page to take our survey.



*Reflections -- Gatineau Park. Winner Artistic Category.  
Photo: Art Boni*



*Cascade Mtn. Nearing Summit. Winner Action Category.  
Photo: Art Boni*



*Night hike - Robert Moses State Park Nature Center. Ginny and Mike Derouchie; Rosalie Phillips; Marianne Hebert; Terry Phillips; Charlene Dumas. Photo: John Barron*

## Chair

*Tom Wheeler*

I had the opportunity in early March to visit the Pace Art + Technology Gallery in Menlo Park, California. The exhibit was a remarkable presentation by TeamLab, a Japanese consortium of computer artists entitled “Living Digital Space and Future Parks”. It was both amazing and beautiful, stretching the boundaries of both art and technology.

A particularly interesting work was a wall depicting a multitude of flowers. If one stood at a respectful distance and waved ones arms the flowers grew and bloomed in profusion. However, if one approached very near, the flowers began to wilt and die. The interpreter explained that this was a metaphor for wild nature... that for it to survive and thrive one must be respectful and maintain an appropriate distance.

As spring approaches and the wild areas of the Adirondacks beckon, we should keep this metaphor in mind. We can observe the beauty of spring flowers, the trills of the colorful warblers as they complete their migration, the beautiful songs of the winter wren and the hermit thrush, and the vibrant greens as the trees begin to leaf out. But to maintain the wilderness experience we must be gentle in our embrace and respectful in nature’s presence. We do this by honoring advisories during mud season to stay off sensitive trails, by acting in accordance with the principals of “leave no trace”, and silently listening and watching nature during its season of rebirth.

Elsewhere in this newsletter you will find an invitation to participate in a survey of the chapter membership. Marianne Hebert has coordinated the development of our chapter questionnaire. We believe it will be a useful tool in developing the programs and activities most appropriate for our membership. We would much appreciate your participation.

## Executive Committee

Chair: Tom Wheeler  
northflow@gmail.com  
315-386-2482

Outings: Marianne Hebert  
hebertm@potsdam.edu  
315-265-0756

Education: Jeanna Matthews  
jeanna.matthews@gmail.com  
315-250-0566

Conservation: John Omohundro  
omohunjt@northnet.org  
315-265-8365

Membership : Lila Hunnewell  
lhunnew61@aol.com  
315-854-8000

Secretary: Karynn von Cramon  
kvoncramon@gmail.com  
603-498-0321

Treasurer: Mary Jane Watson  
mjwatson@localnet.com  
315-262-2617

Director: Tom Ortmeyer  
tortmeyer@gmail.com  
315-265-8219

# Conservation

John Omohundro

Your membership in ADK should keep you informed about the park. How well do you know it? Take this quiz. Answers on back page.

1. In the Adirondacks, which of these activities is not allowed on state land?

- a. logging
- b. snowmobiles
- c. mountain bicycles
- d. camping

2. Adirondack Park is a unique park in America for

- a. having inholdings of private land
- b. being protected by state constitution
- c. permitting dams on state land
- d. having zoning regulations

3. What is the size of the Adirondack Park in millions of acres?

- a. one
- b. four
- c. six
- d. nine



*Cat Mountain Explorers. Photo: Carol Edmonds*

4. What percentage of the Adirondack Park is publicly-owned Forest Preserve?

- a. 25%
- b. 45%
- c. 85%
- d. 100%

5. How many people reside year-round in the Adirondack Park?

- a. 120,000
- b. 52,000
- c. 12,000
- d. 320,000

6. The Adirondack Mountain Club formed a few years after

- a. the Civil War
- b. Teddy Roosevelt was elected
- c. the First World War
- d. Rockefeller became NY governor

7. The Adirondack Park Agency Act of 1971 states:

- a. private and public lands are zoned for specific uses
- b. Forest Preserve land is exempt from local taxes
- c. construction on shorelines is prohibited
- d. motorized access will be scaled back

8. Laurentian chapter ADK was founded in

- a. 1941
- b. 1951
- c. 1961
- d. 1971

9. Our chapter has about how many voting members total (a family membership contains two voters)?

- a. 180
- b. 380
- c. 580
- d. 780

## Appointed Positions

Chapter Archivist: Carolyn Kaczka  
gckaczka@twcny.rr.com  
315-265-4806

Publicity/Education Affiliate Program:  
John Barron  
JohnBarron@sympatico.ca  
613-828-2296

Newsletter: David Trithart  
dtrithar@twcny.rr.com  
315-265-8117

Webmaster: David Katz  
davidk@slc.com  
315-386-4393

E-letter Editor: Dick Mooers  
rmooers@twcny.rr.com  
315-265-2774

Trails Coordinators  
Stone Valley: Mark Simon  
Simonm@potsdam.edu  
315-262-2571  
Red Sandstone: John Omohundro  
Omohunjt@northnet.org  
315-265-8365

Hospitality: Mary MacKinnon  
315-265-6027

Merchandising: open

Social Media Coordinator  
Marianne Hebert  
315-265-0756  
hebertm@potsdam.edu





Grassy Pond: Eileen Wheeler, TL Duncan Cutter, John Tyo, Rod Wootin, Anne Spencer, Armond Spencer.

# OUTINGS

## Apr.- June 2016

Marianne Hebert

**Sat, April 9** : Bear Mountain hike. This 2,200 ft. mountain offers excellent views of Cranberry Lake and the Five Ponds Wilderness area. Start at the campground gate, make a loop back, for 4.0 miles and 1500 feet elevation gain. This replaces the climb we had to skip last winter. Moderate difficulty due to climb, but leisurely pace. Limit 10. Cross-listed with North Woods chapter. Chapter members only. Leaders: John and Susan Omohundro, 315-244-9131, omohunjt@northnet.org

**Sun, April 17** : Outdoors/Indoors presentation: "8000 miles from home", a journey with Dick and Peggy Mooers. 7 pm at the Potsdam Civic Center Community Room.

**Wed, April, 20** : Pitchoff Mountain climb - This ridge defines the north side of the Cascade Lakes Pass. The views are frequent and impressive. We'll go one way, northeast from Cascade parking to the Pitchoff parking, for 5.2 miles. If weather is poor, we'll turn around at Balancing Rocks, for a 3.2 mile RT. Moderately strenuous because of all the ups and downs (at least 1900 feet total elevation gain). Pace will be moderate, for photos and nature appreciation. Cross listed with the North Woods chapter. Chapter members only. Limit 10. Leaders: John and Susan Omohundro, 315-244-9131, omohunjt@northnet.org.

**Sat, April 30** - Everton Falls Annual Clean-up Meet at Duncan and Lois Cutter's house in Nicholville (28 Port Kent Road) at 10:00 with a sack lunch and one or two plastic grocery bags for collecting roadside trash. Lunch on the rock ledges beside the falls after roadside clean-up and trail maintenance. Canoeing if water level is not too rambunctious (call ahead for recommendations 328-4675).

**Sun, April 24** -Tooley Pond Road Waterfalls - visit multiple waterfalls during spring runoff for astounding views and photos. A total 2-3 miles of walking split over several trails. Contact Blair Madore 315 261 0751 or madorebf@potsteam.edu for details. Level 1.

### Foot travel

Difficulty Level	Feet of ascent	miles
5. Very strenuous	over 1500	10+
4. Strenuous	1000-1500	8-10
3. Moderate	500-1000	5-8
2. Fairly easy	to 499	3-5
1. Easy	level mostly	1-3

### Cycling

Leaders should specify mileage, elevation, and surface.

Check for additions, deletions and changes on our chapter website, [www.adklaurentian.org](http://www.adklaurentian.org)

Please contact the leaders at least a day before the trip.

Car pooling makes sense, as does sharing the cost of gas.

**Sun, April 24.** - Potluck dinner at the Potsdam Presbyterian church. Our speaker is Sandy Hildreth whose topic will be wildlife in plain air art in the Adirondacks.

**Sat, April 30:** Everton Falls annual clean-up - meet at Duncan and Lois Cutter's house in Nicholville (28 Port Kent Road) at 10:00 with a sack lunch and one or two plastic grocery bags for collecting roadside trash. Lunch on the rock ledges beside the falls after roadside clean-up and trail maintenance. Canoeing if water level is not too rambunctious (call ahead for recommendations 328-4675).

**Sun, May 1:** Spring wildflower walk in the Clarkson woods. We'll take an afternoon walk looking at the wildflowers on May Day. Level 1: Easy. Contact Tom Ortmeyer (315-265-8219, tortmeyer@gmail.com) for details.

**Sat, May 7:** Phelps Mountain - Nine miles round trip with 1982 feet elevation gain. Very strenuous. Level 5. Contact: Eileen & Tom Wheeler, (315) 386-2482.

**Sun, May 8:** Frontenac Provincial Park Hike. Located north of Kingston, Ontario in the Frontenac Arch Biosphere Reserve. We will hike Big Salmon Lake loop, which circumnavigates the largest lake in the park. There is a parking fee, but we'll carpool so the cost per person is minimal. 10 miles of rolling terrain mostly in mature forest. Level 4. Strenuous for distance, but the terrain is moderate. Contact: Toni Towle and Peter Blood, blackrapids@gmail.com, 613-387-2829.

**Sat, May 14** : Cycling in Ottawa. The tulips should be in bloom. We will view many of the scenic highlights of the city during a 25 mile RT tour on bike paths. Level 3. Contact John Barron, (613) 828-2296 or johnbarron@sympatico.ca

**Sat, May 21:** Lampson Falls Clean-up Meeting mid-morning, we'll hike into the falls to participate in the Chapter's annual clean-up activities. Bring trash bags and lunch. Call for details. Contact Gene & Carolyn Kaczka at 315-265-4806 or gckaczka@twcnv.rr.com.

**Sat, May 28:** Easy Stone Valley hike along the magical Raquette River. Meet at the trailhead, 10:30 AM, bringing lunch. We'll break for lunch midway, and continue to an area about a half mile beyond the tubs. Level 1. Contact Lila and Charlie Hunnewell, (315) 854-8000.

**Sat, May 28** : Colden. Much trail rehabilitation work occurred on this High Peak last year, and we'll admire the results. 12 miles RT, 3000 ft of gain. Very strenuous, but pace will be slow. Level 5.

Contact John Barron, (613) 828-2296 or [johnbarron@sympatico.ca](mailto:johnbarron@sympatico.ca)

**Sun, June 4** - Robert Moses State Park, Massena Bike and Hike. Explore the park by bicycle with a quick pass on foot for the Nature Center trails and new Nature Center building. We hope to see a ship going through Eisenhower Lock and the Hawkins Point Visitor Center. I estimate we will bike ~10 miles around the park and walk 1-2 miles on the Nature Center trails. Relatively flat easy terrain. If there is interest, we could consider going to the beach that afternoon and/or camping that evening. Family friendly event. Contact Jeanna Matthews, [jeanna.matthews@gmail.com](mailto:jeanna.matthews@gmail.com).

**Sat, June 11** : Paddle/Sail Carry Falls Reservoir (Canoes only): We'll paddle from Jamestown falls north to the Carry Falls Dam (about 5 miles). We'll bring tarps/ropes and poles to rig temporary sails if wind conditions permit. Direction of travel may also reverse depending on wind. Expect a great day of play and exploration on this large body of water. Contact Blair Madore 315 261 0751 or [madorebf@potsdam.edu](mailto:madorebf@potsdam.edu) for details. Level 3.

**Sat, June 18:** Wolf Lake State Park Hike. A 5.2-mile loop over undulating terrain to three attractive glacial lakes, each with a lean-to, in a state forest near Edwards. Level 2. Contact Neal Burdick, 386-4648 or [nealburdick@gmail.com](mailto:nealburdick@gmail.com).

**Sat, June 25** : Cathedral Rocks, Bear Run and Pyramid Falls Come explore the trails of the Adirondack Mountain Reserve near St. Huberts. We will experience interesting rock formations, with great views of the High Peaks. Very steep in some sections and includes a bit of scrambling. 6 miles RT miles, 300 foot elevation gain. Level 3 moderate. Contact Marianne Hebert, [hebertm@potsdam.edu](mailto:hebertm@potsdam.edu) or 315 265-0756.



Janet Yaw (L) displays the commemorative quilt to her late husband, Perry, that Marilyn Gillespie (R) created out of Perry's many Loj work weekend T shirts. Perry, who passed away at 97 in May last year, was active as a chapter officer and trip leader for many years. He received its Distinguished Volunteer Award in 2002. Photo by John Omohundro.

## Director

Tom Ortmeyer

As the winter winds down and the spring breezes begin, we often reflect on the changing seasons. I did get out this afternoon for a short snowshoe up the west side of Stone Valley—something of a compensation for Carolyn Kaczka's chapter trip that fell victim to the extreme cold a few weeks ago. Conditions were reasonable for early March—and it did feel a bit like the start of spring. However, on a trip to Albany last Monday, we clearly have more snow here in the St. Lawrence Valley than on the roadways through the Adirondacks.

My March April issue of Adirondac has just arrived—it lists many and varied club activities over the coming months—volunteer trail projects, workshops, seasonal outings, adventure travel, lean-to adopter, volunteer summit steward, day hikes and backpacking trips, and office work! All of these come with the opportunity to meet ADK members from around the club—which is always enjoyable.

We do at the club and chapter level work hard to keep our club up to date and relevant to our members, across our conservation, advocacy, recreation, education, and stewardship missions. I encourage you all to complete the chapter questionnaire, which is designed to help us do this at the chapter level.

## Membership

Lila Hunnewell

### Welcome New Members

Max Abraham, Cortland Manor  
Keagan Anderson, Manlius  
Zoe Baker and David Schryver, De Kalb Junction  
Kayla Austin, Canandaigua  
Matthew Cameron, Brackney, PA  
Melissa Cole, West Leyden  
Alaina Dochylo, Miller Place  
Diane Dowe, Gouverneur  
Donald Duncan, Potsdam  
James Dupree and Carole A. Lebel, Ogdensburg  
Carol Rossi Fries, Potsdam  
Brandon Keough, Henrietta  
Allycia Leach, Woodhull  
Noah Primus, Carmel  
Neishja Ransom, Potsdam  
Timothy Reed, Chaumont  
Jeffrey Rickey, Canton  
Randall and Joan Saumier, Massena  
Eli Smith, De Kalb Junction  
Natalie Stark, Potsdam  
Ed Zebrowski, Ottawa, ON



#### Call for Outing Leaders

The Chapter is always looking for volunteers to help lead outings. If you have ideas about hikes, bikes or paddles you would like to lead, we can help bring you up to speed with trip leaders dos-and-don'ts and administrative logistics. Contact: Marianne Hebert [hebertm@potsdam.edu](mailto:hebertm@potsdam.edu) for more info.

## ADK Laurentian Backtracks – Jan. - Mar. 2016

**Fri, Jan 8:** Ski to Grassy Pond - The rescheduled Grassy Pond hike/ski/ snowshoe outing featured equal numbers of hikers, skiers and snowshoers, 10 of us in all, including Anne and Armond Spencer, Rod Wootin, John Tyo, Rajiv and Getika Narula, Eileen Wheeler, Lila Hunnewell, Paul and Duncan Cutter (TL). Paul, Anne and Spencer skied ahead and had a fire to cheer us when the rest of us reached the lean-to. Some of us revisited the old (4 years ago) site of moose stripings from moosewood saplings beyond the lean-to. Heavy crust with a topping of new snow made good traveling for walkers as well as skiers or snowshoers.

**Fri, Jan 8:** Night Hike at Robert Moses State Park Nature Center - With rain in the forecast all weekend and limited options for rescheduling, trip leader and planner Jeanna Matthews turned the trip over to John Barron to lead on Friday evening because she couldn't attend that night. The weather and trail conditions on the new date were excellent. The trails had a different look and feel in the darkness. Ongoing construction of a new visitor center in the park caused a number of detours in the entrance driveway, parking lots, trailhead, and on the trails themselves, all of which led to an interesting and exciting short tour of the area. L-R, Ginny and Mike Derouchie; Rosalie Phillips; Marianne Hebert; Terry Phillips; Charlene Dumas, John Barron (substitute TL)

**Tue, Jan 12 - Wed, Jan 13:** Banff Mountain Film Festival World Tour - Cancelled due to lack of participants.

**Sat, Jan 16:** Bear Mountain Snowshoe - John and Susan Omohundro, TL; Carol Edmonds, Gretchen Gedroiz, Betsy Clark. This was a hike for Stoics-in-training: undergo hardship because it makes you appreciate the times when you aren't. It drizzled. The snow was thin, slushy, and stuck to our snowshoes. We hiked 4-plus miles but put off the summit of Bear for a nicer day. Yet, the snow was excellent for footprints. We saw grouse, snowshoe hare, deer, fisher, bobcat, fox, and otter tracks. And finished with soup at Sevey's Corner.

**Sat, Feb 6:** Hike up Cascade and Porter -Tom Ortmeyer (TL) and Kelli Curran. We had good hike day weather, following a mid-week thaw. It was an enjoyable hike in microspikes with some ice on the lower levels, good conditions in the middle and a good amount of wind on the summit.

**Sat, Feb 13:** Stone Valley Snowshoe/Hike - cancelled due to extremely cold weather.

## Compiled by Marianne Hebert

**Sat, Feb 13:** Haystack Mountain Snowshoe - cancelled due to leader conflict.

**Sun, Feb 21:** Mt Arab Snowshoe - The rain of Saturday had given way to light snow showers. This left the trees and trail with a beautiful light dusting of snow over the slush and ice. It was wonderfully beautiful. Some of us used snowshoes and some of us used microspikes or other traction devices. The climb was mostly gentle (the snow smoothed out the rocks and bumps of summer) and in about 45 minutes we were at the summit. The views even part way up the fire tower were stupendous. Snow coated hills rolled on and on and in every direction punctuated by rivers and lakes of glassy ice. After numerous photos we trudged down in no time. A lovely way to spend a Sunday afternoon. Blair Madore (TL) Jean Giblin (Ottawa), Rebecca Miller (Potsdam), Joel Foisy (Potsdam), Tim Drake (Theresa), Logan Drake (Theresa), John Barron (Ottawa), Jeff Miller (Potsdam)

**Sat, Feb 27:** Skiing at Paul Smiths Visitor Information Center (VIC) Saturday February 27 - Paul Smith's Visitor Information Center (VIC). Sunny, excellent winter weather. Expecting icy conditions we used snowshoes instead of skis. The annual chili tasting festival was taking place at the VIC, and besides excellent chili prepared by the culinary students of Paul Smith's College, there were "fat bike" demos, a ski waxing clinic, and live music. During our hike we participated in the "Gazebo Poker Run", an orienteering challenge in which we collected a colored card from each of the VIC's gazebos we visited (our party reached five of the seven). In the afternoon the colored cards were exchanged for playing cards, and the best poker hand won a prize. Our group's luck with the cards was bad - no prize. Aw shucks - but a great time anyway.

**Sat, Mar 5:** Snowshoe up Goodman Mt. near Tupper Lake - Cancelled due to icy trail conditions.

## Announcing the 2016 Laurentian Chapter Photo Contest

The Laurentian Chapter is pleased to announce its 2016 Photo Contest. The photo contest rules have been revised by the chapter executive committee, and are included in this issue of the newsletter (see page 7).

Please submit photos to contest organizer Tom Ortmeyer. Digital submissions are preferred. Submissions should be sent by email to [tortmeyer@gmail.com](mailto:tortmeyer@gmail.com). Photos must be taken between October 1, 2015 and September 30, 2016 for this year's contest. Photos submitted from chapter outings are also automatically entered.

Since its beginning, the photo contest entries have become the archive of chapter activities and outings. The full set of entries is shown at the Fall Potluck, and are always a favorite of the evening.



# ADK Laurentian Chapter Annual Photo Contest

January, 2016

*Vision:* The goal of the Laurentian Chapter photo contest is to recognize photographs taken by chapter members and guests that highlight and record activities in, around and related to the Adirondack Mountains that support chapter and club goals of education, conservation, advocacy, recreation. Further, the full body of entries to the photo contest are used as a photographic record of the chapter activities in a given year.

## *Rules and regulations*

The contest is open to photos taken by members of the Laurentian Chapter and to photos taken by guests on Laurentian Chapter outings.

Entries will be judged on their attention to the Vision of the contest, technical quality, and artistic expression.

All trip photos sent in for use in chapter publicity during the contest will be entered automatically.

Entrants must allow the photos to be used in chapter publicity.

Photographs must be taken during the contest open dates, typically starting on October 1 and running through September 30 of the following year, in order that contest results can be announced at the Laurentian Chapter annual meeting.

Photos should be submitted digitally, with a file size sufficient for good quality 8 by 10 inch prints.

Preference in judging is given to photos taken in and near the Adirondack Mountains, the Saint Lawrence River Valley and the Ottawa River Valley, plus photos taken on ADK club events. However, any photos supporting the club mission will be considered.

There is no limit to the number of photos that can be entered by any individual. A maximum of three photos by an individual will be recognized by the judges.

*Photos will be judged in the following categories:*

- Landscape
- Nature
- Action
- Artistic
- People
- Portrait

One entry will be selected as the Grand Prize Winner. The judges will have the discretion to adjust categories as appropriate.

A panel of three judges will review the photo entries and select the winners. They can recognize additional photos with runner up or honorable mention status.

*Contest Organizer:* The contest organizer will publicize the contest, and seek and gather entries. When the contest closes, the organizer will organize the entries and submit

them to the judges. In this submission, the photographers will be identified by number rather than by name. When the judges' selections have been made, the organizer will arrange for the contest prizes. The judges and organizer will work together to present the prizes at the annual meeting.

The organizer will determine if entries meet the contest vision, and will do a preliminary assignment of photos to individual categories.

*Judging:* Judges will be selected by the Photo Contest Organizer, from the chapter membership. The organizer will seek to achieve a balance of continuity and freshness in the judging. The judges will make their selections known to the organizer in time for the awards to be made at the Laurentian Chapter annual meeting.

## Education

*Jeanna Matthews*

This is my first column for North Wind as the new Education Chair. I would like to begin by thanking Jeff Miller, the outgoing Education Chair. Jeff has made my job much simpler by being incredibly organized and handing me a wealth of advice and materials. He also organized all of the Outdoors-Indoors talks for this spring. Thank you Jeff for all you did as Education Chair and for all you've done to help me get started.

We are sponsoring two middle school students to attend Camp Colby this summer. We sent a letter to guidance counselors and received 8 applicants from students in Massena, Ogdensburg and Edwards-Knox. We awarded two scholarships – one to a student in Ogdensburg and one to a student at Edwards-Knox. The other 6 applicants will receive Laurentian chapter patches.

In their essay, one applicant said, "I hope I get to go because this could be a once in a life time opportunity. I have never been to summer camp." Another student said, "I love science class. I would really enjoy learning about the wilderness. When I read the description of experiences at camp, I didn't even know what a bog was. Mrs. Verville explained it to me. It sounds fascinating. I live within the city, so I don't get much of a chance to enjoy the great outdoors."

We will also be sponsoring two high school students to work on trail work projects in the summer. If you know of a student who would be interested in this scholarship or you have an idea for reaching more students with details of the process, please let me know.

The Outdoors-Indoors talks have been great so far (thanks to Jeff of course!). On Sun, Jan 17 "Avalanche Survival: A First-Hand Account". Dan Zucker gave an absolutely amazing first hand account of surviving an 800 foot fall down Dodge's Drop on Mt. Washington (NH). Next, Eileen Visser shared her experience with the 90 Miler canoe race.

On Sunday, April 17, Dick Mooers will talk about the trip he and Peggy took through many great national parks and monuments along a route to California, the Oregon coast, Washington, Montana, Wyoming, North Dakota and Alaska. I hope to see many of you there!



## North Wind

The Newsletter of the Laurentian Chapter  
of Adirondack Mountain Club  
7 Barclay St. Potsdam, NY 13676

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## Just Connect

VISIT the chapter website, ably maintained by David Katz, for color photos, trail maps, updated officer reports, and outings:

**[www.adklaurentian.org](http://www.adklaurentian.org)**

LIKE US on Facebook, edited by Marianne Hebert:

**<http://www.facebook.com/groups/140013066028774/>**

FOLLOW US on Twitter:

**<http://twitter.com/#!/ADKLaurentian>**

SUBSCRIBE to our chapter E-letter, published by Dick Mooers, who e-mails late-breaking news and outings:

Request to **[rmooers@twcny.rr.com](mailto:rmooers@twcny.rr.com)**

## Answers to Quiz

Answers to quiz on page 3:

a; b; c; b; a; c; a; d; b.

## Membership survey

The Laurentian Chapter Executive Board is seeking feedback from members (and potential members) about the programs and services our Chapter offers. Members can complete the survey online:

<http://tinyurl.com/adkl2016>

It is also possible to download and print the survey from our website: [http://adklaurentian.org/pages/pdf/Membership\\_Survey\\_2016.pdf](http://adklaurentian.org/pages/pdf/Membership_Survey_2016.pdf)

If anyone wishes to have a print survey mailed to them, or for any other questions, contact Marianne Hebert: [hebertm@potsdam.edu](mailto:hebertm@potsdam.edu), 315-265-0756.

Printed surveys can be returned to: Marianne Hebert, 9 Spring Street, Potsdam, NY 13676.