

## Adirondack Mountain Club Laurentian Chapter Loony Loop Challenge

The Saint Lawrence River Valley region is home to some of the most beautiful natural areas in New York, offering splendid views of rivers, wetlands and forests, plus unique vegetation and wildlife. While the coronavirus pandemic makes travel and hiking on crowded Adirondack trails more difficult, now is the perfect time to explore the natural wonders near the US/Canadian border. The challenge destinations are described as hikes, however they are all suitable for snowshoeing, and many are also skiable.

The Laurentian Loony Loop Challenge is designed to provide some safe outing alternatives along low traffic trails in St. Lawrence County and Ontario Province, Canada. The hikes are suitable for all levels, including families with kids. They are guaranteed to challenge your map skills. Links to maps are included with each description and are strongly recommended while hiking.

Loop trails have been identified on both sides of the US/Canadian border so that hikers from both sides of the St. Lawrence River can participate, even if border crossings are restricted. While we recommend specific loop trails for many destinations, the patch requirements are flexible.

### US Hikes

Higley Flow State Park  
Red Sandstone Sugar Island  
Southville State Forest  
Bear Mountain  
Peavine Swamp Trails  
Tooley Pond Mountain  
Robert Moses state Park  
Wellesley Island State Park  
Indian Creek Nature Center  
Catamount Mountain  
Lost Pond Loop

### Canadian Hikes

Upper Canada Bird Sanctuary  
Rock Dunder  
Marble Rock  
Parc Guindon  
Mac Johnson Wildlife Area  
Cooper Marsh Conservation Area  
Frontenac Provincial Park  
Rideau Trail  
Gould Lake Conservation Area  
Charleston Lake  
Landon Bay Center

Participants can earn the patch by completing any combination of trails at each location. The goal is to get out, get some exercise and appreciate the natural resources we have in our region.

Safety first: **BRING A MAP!** Practice social distancing and wear a mask when encountering other hikers.

To earn the Laurentian Loony Loop patch, each participant must complete 8 hikes from the destinations on the list. Hikes must be completed in or after 2020 and can be done in any season. Hikes from Canada and the US can be combined to meet the 8 required hikes once travel restrictions are lifted. Download the registration form and list of destinations to track your progress. Once you have completed 8 hikes, complete the registration form and mail it to:

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